Choose to live in Joy

Life goes by in the blink of an eye.
It's too short to live upset, angry, resentful or ungrateful. If you look for the good, you'll find it. Choose to be happy, to be at peace. Decide that each day is going to be a great day and grab each moment and make the best of it. Refuse to let negative thoughts take root in your mind and refuse to let negative people and situations drag you down. Trust your journey and know that if you make a mistake, it's okay. See it as a lesson learned and keep moving forward. Spend less time worrying and more time being grateful for those who love you and all of life's goodness.
Choose to live in joy!

--Charity M. Richey-Bentley

lessonslearnedinlife.com